4.1: Best Practices for Working with Human Test Subjects  
Minal Bombatkar

**Consent form**

Please read and sign this form.

Yogic is a yoga expert app which aim to reach out word’s best yoga expert specialise in the Pre-natal and post-natal yoga. Yogic app is design in such way that it would be easily accessible, more convenient and with verities of experts are available at users place.

The information in the study will be used to determine the usability and functionality aspects of the app. This will help me to improve the features and make the app more user friendly. You will be asked to use a smartphone in this session.

I understand that my participation is voluntary and I agree to immediately raise any concerns I might have.

Please sign below to indicate you have read and understand the information on this form and that any questions you have about this session have been answered.

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please print your name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please sign your name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Thank you! We appreciate your participation.

**Usability Testing**

**How will you find test participants?**

Using personal network and Hallway testing, participants will be recruited to attend the test sessions.

**Where is your audience located? Do you have access to your audience? If not, how will you test with them?**

The audience is located both locally and remotely. The local users will be tested live in a suitable environment while our remote users will be tested via video conference call.

**How will you explain your project and research to your test participants?**

The project will be explained by the interviewer as well as the goals for the research using a script set out by the testers. This will explain the fundamentals of the project and reasons for testing.

**How will you ensure your participants are fully informed about the purpose of your study, and how you will use their information?**

The participants will need to sign a consent form in which the purpose of the study and usage of information will be outlined.

**Recruitment Email**

**SUBJECT LINE**: Yogic invites you to participate in an app study and gain early access to our app!

Hello, My name is Minal Bombatkar and I’m helping to run a usability study for Yogic App. In an

effort to improve the app, we’re looking for people who may be interested in trying out an app

related to yoga learning app and giving feedback after using it.

**What will I be doing in a usability study?**

You will be asked to do several short tasks using an app. You will also be asked questions

about your experience and perceptions of the app.

**How long is a session?**

10-15 minutes

**When and where?**

The study will be held on -----. You will be asked to participate in person at our office OR via Skype.

**Interested in participating?**

Please reply to this email with your contact information. I’ll give you a call to ask you some

questions to help us determine if you qualify for the study.

If you have any questions, please contact me at minalbombatkar@gmail.com

Thank you for interest,

Minal Bombatkar

Yogic UX team

**Confirmation Email (In Person Study)**

SUBJECT LINE: Confirmation: Your participation in our usability study

Dear [PARTICIPANT NAME]:

Thank you for agreeing to participate to test the Yogic app. As I mentioned, you will be asked to try out the app and give us your thoughts about your experience. You won’t need to prepare anything before the session.

You are scheduled to participate as follows:

DATE: [DAY, DATE]

TIME: [TIME]

PLACE: [ADDRESS, LINK TO MAP]

A few key reminders:

● You will be given early access to the app as a thank you for your participation.

● During the study, we will ask you to complete some tasks using the app. You’ll talk out loud as you

work so the facilitator can follow along.

● With your permission, the session will be recorded. We will only use the recording to decide how   
 to improve the app.   
Your name will not be used for any purpose beyond this session.

Also, we have only one person scheduled at a time for these sessions so if you find that you cannot

participate on your scheduled day, please contact me as soon as possible so I can reschedule your session.

Thanks again!

Minal Bombatkar  
[minalbombatkar@gmail.com](mailto:minalbombatkar@gmail.com)  
Yogic UX team

**Confirmation Email (Remote Study)**

SUBJECT LINE: Confirmation: Your participation in our usability study

Dear [PARTICIPANT NAME]:

Thank you for agreeing to participate to test the Yogic app. As I mentioned, you will be asked to try out the app and give us your thoughts about your experience. You won’t need to prepare anything before the

session.

You are scheduled to participate as follows:

DATE: [DAY, DATE]

TIME: [TIME]

PLACE: Your computer

In a few days, we will send a reminder with your session’s phone number and Web link.

As soon as possible, please do the following:

● Verify you can use Skype

The study uses screen-sharing software called Skype. This application allows the study

facilitator to remotely see what is on your computer screen and record the screen as you

navigate the website. Please verify that you can use Skype and perform any necessary

installations or updates before the study time. If you have never used Skype, please contact me

and we can schedule a time to try it out together before the session.   
Tip: It’s best to use a hands free headset or use your phone’s speaker so that you can talk to the facilitator and browse the website at the same time .  
  
● Read the Understanding Your Participation document (attached)

With your permission, the session will be recorded. You will be asked to verbally consent to video recording

at the beginning of your session. We will only use the recording to decide how to improve the website. Your name will not be used for any purpose beyond this session.

A few key reminders:

● You will be given early access to the app as a thank you for your participation.

● During the study, we will ask you to complete some tasks using the website. You’ll talk out loud as

you work so the facilitator can follow along.

● Please reserve a quiet space where you will not be disturbed or interrupted during our session.

Also, we have only one person scheduled at a time for these sessions so if you find that you cannot

participate on your scheduled day, please contact me as soon as possible so I can reschedule your session.

Thanks again!

Minal Bombatkar  
[minalbombatkar@gmail.com](mailto:minalbombatkar@gmail.com)  
Yogic UX team